# COVID-19 SYMPTOMS

Symptoms can appear between 2 to 14 days after exposure, 5 days post-infection being the most common

asymptomatic

A person who is COVID-19 positive but does not develop symptoms

presymptomatic

A person who is COVID-19 positive but has yet to develop symptoms

symptomatic

A person who is COVID-19 positive who is displaying symptoms

most common symptoms (experienced in >50% of cases)

rare symptoms (experienced in <10% of cases)





cough



aste/smell

confusion



runny nose



lack of appetite





shortness of breath





# COVID-19 in adults vs. children



### adults

Lower rate of asymptomatic adults - 14.6% to 19.8%

> Time to recovery increases with age

Likelihood of death increases with age

### children

23.9% of children can be asymptomatic!

Children more likely to have milder, cold-like symptoms

Children under 1 year old may have higher risk of severe illness

# potential long-term effects



A large number of recovered COVID-19 patients report lasting health problems

### neurological

- Damage caused by strokes
- > Chronic fatigue
- > Headaches
- → Brain fog
- > Loss of taste and smell
- > Attention difficulties

### respiratory

- > Lung tissue death and scarring
- > Impaired lung function like shortness of breath
- Coughing

### cardiovascular

- > Heart abnormalities like palpitations
- > Chest pain
- > Heart muscle inflammation
- Damage caused by blood clotting in the body

## common misconceptions



Yes, they are both contagious respiratory sicknesses with similar symptoms but NO, they are NOT caused by the same virus!



Only the elderly are affected.

Individuals ranging from 0 years to more than 80 years old have been hospitalized due to symptoms caused by COVID-19 infection.



Marshall M. (2020). The lasting misery of coronavirus long-haulers. Nature. Weerahandi H, et al. (2020). Post-discharge health status and symptoms in patients with severe COVID-19. MedRxiv Statistics Canada. Table 13-10-0781-01 Detailed preliminary information on confirmed cases of COVID-19 (Revised), Public Health Agency of Canada Government of Canada. (2020). COVID-19 signs, symptoms, and severity of disease: A clinician guide.